

Quiz Date: 18th May 2020

Directions (1-10): Given below the sentences each of which has been divided into four parts. Each of the questions is then followed by the five options which give the sequence of the rearranged parts. You must choose the option which gives the correct sequence of the parts. If the sentence is already arranged in the correct sequence or the correct sequence doesn't match with any of the given sequence, mark option (e) .i.e. 'None of the above' as your answer.

Q1. meditation is essentially the practice (A)/ manage discomfort and painful feelings (B)/including anxiety, fear and uncertainty (C)/ of finding space in your mind to (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q2. the EIA is projecting a significant (A)/ second half of this year, and then a (B)/ recovery of energy prices in the (C)/major recovery in demand next year (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q3. nationwide lockdown, under compulsion (A)/ as India slowly attempts to lift its (B)/ are disappearing at an astonishing pace (C)/ of reviving the economy, labour rights (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q4. in 106 days since the first (A)/laboratory-confirmed novel coronavirus (B)/ surpassed China's tally of 84,038 (C)/ case was reported on January 30, India (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q5. the Centre's objective of using the COVID-19 (A)/ can be seen in Finance Minister Nirmala Sitharaman's (B)/ crisis to usher in an Atmanirbhar Bharat (C)/ tranche of announcements on farm sector reforms (D)

- (a) BADC

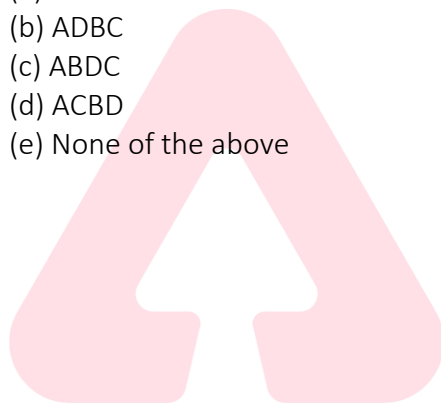
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q6. we have spent a decade discussing (A)/the problems posed by social (B)/ at amplification of toxic content (C)/ media platforms and looked (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q7. credit for containing the spread of the (A)/ and health workers in government who literally (B)/rushed in where angels fear to tread to save people's lives (C)/ virus should go to our frontline medical (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above



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Q8. the public health delivery (A)/ not addressing weaknesses in (B)/ at reviving the economy (C) system can thwart all efforts (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q9. in print and broadcast organisations, there (A)/is a shared value system among (B)/ self-regulation an effective mechanism (C)/ all the stakeholders which makes (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Q10. the lockdown by closing stores, including (A)/ Fengman district said it will tighten (B)/ and furniture stores but will keep supermarkets open (C)/ department stores, house appliance stores (D)

- (a) BADC
- (b) ADBC
- (c) ABDC
- (d) ACBD
- (e) None of the above

Directions (11-15): Rearrange the following six sentences (A), (B), (C), (D), (E), and (F) in the proper sequence to form a meaningful paragraph and then answer the questions given below.

(A)That's when really low feelings and depression kick in.

(B)This balance is crucial as it is a way to be kind to your mind.

(C) Meditation is a way of reframing your situation and banishing these unpleasant feelings.

(D)It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(E)In short, regular practice of mindfulness is a valuable tool for managing mental health.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

Q11. Which of the following should be the **first** sentence after rearrangement?

- (a) B
- (b) D
- (c) A
- (d) F
- (e) C

Q12. Which of the following should be the **third** sentence after rearrangement?

- (a)B
- (b)F

- (c) D
- (d) C
- (e) A

Q13. Which of the following should be the **fourth** sentence after rearrangement?

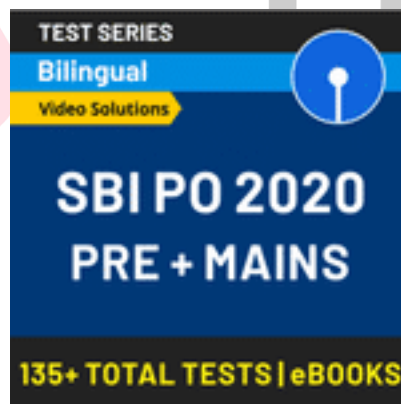
- (a) B
- (b) E
- (c) D
- (d) C
- (e) F

Q14. Which of the following should be the **last** sentence after rearrangement?

- (a) A
- (b) E
- (c) C
- (d) F
- (e) B

Q15. Which of the following should be the **second** sentence after rearrangement?

- (a) C
- (b) D
- (c) B
- (d) A
- (e) E



Solutions

S1. Ans. (b)

Sol. The correct sequence is **ADBC**. The sentence after rearrangement is, *Meditation is essentially the practice of finding space in your mind to manage discomfort and painful feelings including anxiety, fear and uncertainty.*

Hence, **option (b)** is the right answer choice.

S2. Ans. (d)

Sol. The correct sequence is **ACBD**. The sentence after rearrangement is,
The EIA is projecting a significant recovery of energy prices in the second half of this year, and then a major recovery in demand next year.

Hence, **option (d)** is the right answer choice.

S3. Ans. (a)

Sol. The correct sequence is **BADC**. The sentence after rearrangement is,
As India slowly attempts to lift its nationwide lockdown, under compulsion of reviving the economy, labour rights are disappearing at an astonishing pace.

Hence, **option (a)** is the right answer choice.

S4. Ans. (c)

Sol. The correct sequence is **ABDC**. The sentence after rearrangement is,
In 106 days since the first laboratory-confirmed novel coronavirus case was reported on January 30, India surpassed China's tally of 84,038.

Hence, **option (c)** is the right answer choice.

S5. (d)

Sol. The correct sequence is **ACBD**. The sentence after rearrangement is,
The Centre's objective of using the COVID-19 crisis to usher in an Atmanirbhar Bharat can be seen in Finance Minister Nirmala Sitharaman's tranche of announcements on farm sector reforms.

Hence, **option (d)** is the right answer choice.

S6. Ans. (c)

Sol. The correct sequence is **ABDC**. The sentence after rearrangement is,
We have spent a decade discussing the problems posed by social media platforms and looked at amplification of toxic content.

Hence, **option (c)** is the right answer choice.

S7. Ans. (b)

Sol. The correct sequence is **ADBC**. The sentence after rearrangement is,
Credit for containing the spread of the virus should go to our frontline medical and health workers in government who literally rushed in where angels fear to tread to save people's lives.

Hence, **option (b)** is the right answer choice.

S8. Ans. (a)

Sol. The correct sequence is **BADC**. The sentence after rearrangement is,
Not addressing weaknesses in the public health delivery system can thwart all efforts at reviving the economy.

Hence, **option (a)** is the right answer choice.

S9. Ans. (c)

Sol. The correct sequence is **ABDC**. The sentence after rearrangement is,

In print and broadcast organisations, there is a shared value system among all the stakeholders which makes self-regulation an effective mechanism.

Hence, **option (c)** is the right answer choice.

S10. Ans. (a)

Sol. The correct sequence is **BADC**. The sentence after rearrangement is, *Fengman district said it will tighten the lockdown by closing stores, including department stores, house appliance stores and furniture stores but will keep supermarkets open.*

Hence, **option (a)** is the right answer choice.

S11. Ans. (d)

Sol. The correct sequence is **FACDBE**.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

(A) That's when really low feelings and depression kick in.

(C) Meditation is a way of reframing your situation and banishing these unpleasant feelings.

(D) It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(B) This balance is crucial as it is a way to be kind to your mind.

(E) In short, regular practice of mindfulness is a valuable tool for managing mental health.

Hence, **option (d)** is the right answer choice.

S12. Ans. (d)

Sol. Sol. The correct sequence is **FACDBE**.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

(A) That's when really low feelings and depression kick in.

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(D) It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(B) This balance is crucial as it is a way to be kind to your mind.

(E) In short, regular practice of mindfulness is a valuable tool for managing mental health.

Hence, **option (d)** is the right answer choice.

S13. Ans. (c)

Sol. The correct sequence is **FACDBE**.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

(A) That's when really low feelings and depression kick in.

(C) Meditation is a way of reframing your situation and banishing these unpleasant feelings.

(D) It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(B) This balance is crucial as it is a way to be kind to your mind.

(E) In short, regular practice of mindfulness is a valuable tool for managing mental health.

Hence, **option (c)** is the right answer choice.

S14. Ans. (b)

Sol. The correct sequence is **FACDBE**.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

(A) That's when really low feelings and depression kick in.

(C) Meditation is a way of reframing your situation and banishing these unpleasant feelings.

(D) It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(B) This balance is crucial as it is a way to be kind to your mind.

(E) In short, regular practice of mindfulness is a valuable tool for managing mental health.

Hence, **option (b)** is the right answer choice.

S15. Ans. (d)

Sol. The correct sequence is **FACDBE**.

(F) When you are cut from the team or lose a huge amount of business, it can feel as though you personally have been cancelled.

(A) That's when really low feelings and depression kick in.

(C) Meditation is a way of reframing your situation and banishing these unpleasant feelings.

(D) It's not a cure-all, but meditation can provide a way to unbox your feelings and find new options for work and life and most importantly, balance.

(B) This balance is crucial as it is a way to be kind to your mind.

(E)In short, regular practice of mindfulness is a valuable tool for managing mental health.

Hence, **option (d)** is the right answer choice.

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